

North Star Figure Skating Club

15 Bridle Lane Westborough, MA 01581
(508)366-1562 ext. 221

Summer Skate '18

July 9, 2018 - August 24, 2018

NorthStar Ice Sports

WESTBOROUGH

Mondays - Tuesdays - Wednesdays - Thursdays

SKATING CLINIC Basic 5-Preliminary

Rink C Office Hours

Monday 7:45 am - 6:00 pm

Tuesdays and Thursdays 7:45 - 4:00 pm

Wednesdays 7:45 - 7:15 pm

North Star FSC will be closed June 28 - July 4

One chaperone will be designated to the group to make sure they are following their schedule, getting skates on properly and looking out for the safety of all the skaters.

checklist:

Skates!

Proper skating clothes

off-ice clothing and sneakers

extra gloves

water

lunch and snacks

Mail this form May 15 - June 10

\$10 more per day if after June 10

Updated 5/9/18

[E-Mail address: nfsctestchair@aol.com](mailto:nfsctestchair@aol.com)

[Website: www.northstarfsc.com](http://www.northstarfsc.com)

NON- HOME AND GUEST CLUB MEMBERS WELCOME!!!

B5-Preliminary

Skaters must be able to tie their own skates

Monday-Thursday Clinic officially starts 8:45-9:00 (drop off after 8:30) and ends at 4:30 pm Mon/Wed and ends at 3:30 pm Tue/Thur.

If parents need to drop off earlier or pick up later, skaters need to choose Extended Day (drop off 7:50-8:10 and pick up Monday and Wednesday 5:00-5:30)

Private lessons are not included in the price of the clinic and are paid directly to the coach

North Star FSC Summer 2018 Clinic Schedule

MON	TUE	WED	THU
EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On ice practice	EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On Ice practice	EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On Ice practice	EXTENDED DAY 8:10 – 8:50 <u>Rink C</u> On Ice practice
9:05 – 9:30 On ice practice	8:45 – 9:30 On ice practice	9:05 – 9:30 On ice practice	8:45 – 9:30 On ice practice
9:30 – 9:50 Boot Camp On Ice	9:30 – 9:50 Boot Camp On Ice	9:30 – 9:50 Boot Camp On Ice	9:30 – 9:50 Boot Camp On Ice
10:00 – 10:50 Off Ice Class	10:00 – 10:50 Off Ice Class	10:00 – 10:50 Off Ice Class	10:00 – 10:50 Off Ice Class
10:50-11:15 Off Ice Classroom	10:50-11:15 Off Ice Classroom	10:50-11:15 Off Ice Classroom	10:50-11:15 Off Ice Classroom
11:30 – 12:15 <u>Rink C</u> On ice practice	11:30 – 12:15 <u>Rink C</u> On ice practice	11:30 – 12:15 <u>Rink C</u> On ice practice	11:30 – 12:15 <u>Rink C</u> On ice practice
12:20-12:40 Cardio Blast Class	12:20-12:40 Cardio Blast Class	12:20-12:40 Cardio Blast Class	12:20-12:40 Cardio Blast Class
12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice	12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice	12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice	12:40-12:50 Spins, Spirals, Spread Eagles, Ina Bauers, Footwork practice
1:00 – 1:40 Lunch	1:00 – 1:40 Lunch	1:00 – 1:40 Lunch	1:00 – 1:40 Lunch
1:50 – 2:40 Off Ice Class	1:50 – 2:40 Off Ice Class	1:50 – 2:40 Off Ice Class	1:50 – 2:40 Off Ice Class
2:50 – 3:15 Boot Camp	2:50 – 3:15 Boot Camp	2:50 – 3:15 Boot Camp	2:50 – 3:15 Boot Camp
3:30-4:30 On Ice Practice	3:30 – 4:00 PICK UP	3:30-4:30 On Ice Practice	3:30 – 4:00 PICK UP
4:30 – 5:00 PICK UP	<u>OFFICE CLOSES</u> <u>AT 4:00 PM</u>	4:30 – 5:00 PICK UP	<u>OFFICE CLOSES</u> <u>AT 4:00 PM</u>
EXTENDED DAY 4:30 – 5:30 PICK UP		EXTENDED DAY 4:30 – 5:30 PICK UP	
<i>*Daily Rate if booked by 6/10: \$90.00</i>	<i>*Daily Rate if booked by 6/10: \$80.00</i>	<i>*Daily Rate if booked by 6/10: \$90.00</i>	<i>*Daily Rate if booked by 6/10: \$80.00</i>
<i>*Extended rate booked by 6/10: \$100.00</i>	<i>*Extended rate booked by 6/10: \$90.00</i>	<i>*Extended rate booked by 6/10: \$100.00</i>	<i>*Extended rate booked by 6/10: \$90.00</i>

*Look later in application for discounts for doing full weeks or many days.

Minimum 1 private lesson (more recommended) each day must be scheduled during practice time. Cost of private lesson not included in clinic cost.

NSFSC 2018 Clinic Registration

Name _____ Age _____ DOB _____ M/F

Address _____ City _____ State _____ Zip _____

Phone # _____ Cell # _____

E-mail address** _____

Name of Medical Insurance Carrier _____

Policy Group Number _____ Subscriber _____

Physician's Address _____ Physicians Phone # _____

Please list any medical conditions _____

Please list any food allergies or medications your skater has with them _____

** Required Field- North Star FSC regularly communicates through e-mail. Required to receive updates, cancellations etc.

Home Club: _____ USFS#: _____

Primary Coach: _____

Last Test Passed: Freestyle: _____ Moves: _ _____

Tuition & Payments: Please circle or highlight days or weeks skating (see next page)

Deposit Due _____ Amount Paid _____ Credit/Cash/Check # _____

Coach's Signature : _____

NSFSC 2018 Clinic Registration

Name: _____

Circle: Full Day Extended Day

Please circle dates or weeks you wish to contract ice:

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Mondays	7/9	7/16	7/23	7/30	8/6	8/13	8/20
Tuesdays	7/10	7/17	7/24	7/31	8/7	8/14	8/21
Wednesdays	7/11	7/18	7/25	8/1	8/8	8/15	8/22
Thursdays	7/12	7/19	7/26	8/2	8/9	***	8/23

Add \$10 per day if booked after 6/10/18

Weekly tuition	Full Day (Add \$25 after 6/10)	Extended Day (Add \$25 after 6/10)
*2 Weeks (may not be broken into days)	\$575.00	\$645.00
3 Weeks (may not be broken into days)	\$784.00	\$889.00
4 Weeks (may not be broken into days)	\$1005.00	\$1145.00
5 Weeks (may not be broken into days)	\$1219.00	\$1424.00
6 Weeks (may not be broken into days)	\$1413.00	\$1623.00
7 Weeks (may not be broken into days)	\$1543.00	\$1758.00

*Daily rate applies if skating less than 2 full weeks (may not be broken into weeks)

**If skating more than 15 days you may discount the following if you are paying by day (discount already applied if booking by week)

15-19 days – 5%

20-25 days – 10%

25 or more days- 15%

**Sibling discount- take 5% off the second skater

***If skating week 6 take \$80 off the weekly rate

Total Contracted \$ _____

Discount (if applicable) \$ _____

Total Owed \$ _____

Less 50% deposit (due with this form) _____

Credit/Cash/check # _____

Balance due 1st day of Summer Skate \$ _____

Forms will be accepted May 15 – June 10

Package will not be accepted without active USFSA Membership and signed Release of Liability