

# North Star Figure Skating Club

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Westborough, MA 01581  
(508)366-1562 X 227

Website: [Northstarfsc.com](http://Northstarfsc.com)  
E-mail: [northstarddavid@aol.com](mailto:northstarddavid@aol.com)

## **Professional Guest Information Club Policies July 1, 2016 - June 30, 2017**

Welcome to the North Star Figure Skating Club! In an effort to ensure that all members are aware of the policies and procedures here at NSFSC, we have prepared this "Professional Guest Information" which we hope you find helpful.

### **Guest Policy Required:**

A Coach from another US Figure Skating Club with a **valid membership card** may coach on North Star Figure Skating Club ice.

They must **provide a copy of their Liability Insurance stating Northborough Youth Hockey Program, Inc, NorthStar Ice Sports and the Town of Westborough as additionally insured prior to coaching.**

Prior to coaching on North Star FSC ice the coach must fill out the guest professional registration and waiver included in this packet and give it to the ice monitor or email: [northstarddavid@aol.com](mailto:northstarddavid@aol.com)

A guest coach may teach on North Star FSC Ice by paying \$15.00 per day.

***(During July and August sessions the guest coach fee is waived)***  
However Coach's must fulfill all other requirements.

Guest coaches must pay the guest fee **prior** to taking the ice. Failure to pay before taking the ice will result in a \$25 fee the first time, \$50 fee the second time, and a loss of guest coaching privileges the third time.

If you do not wish to carry cash with you at all times, you may pre-pay for guest walk on tickets at \$15 each and then turn them in each day you coach.

### **Skating on our ice**

Please Note: As a guest coach you must **check in** with the **ice monitor** prior to skating and sign the guest coach's book. Please inform your skaters that they **must also 1<sup>st</sup> check in** with the **ice monitor** prior to skating. Skaters must exit the ice immediately when second whistle blows.

Please use your cell phone for exact time as many rink clocks are off by a minute or two.

### **Walk-on" Policies**

A "Walk-on" Skater shall be defined as any Member whose name does NOT appear on the list for the session on which the Skater wishes to skate. "Walk-ons" will be granted on a first-come, first-serve basis. If a session is full, Skater must wait 10 minutes before entering ice. Space **cannot be reserved** nor can assigned skaters swap sessions. All "Walk-on" Skaters **MUST** come to the rink in person and check with the office. All walk-ons must be paid **prior** to skating or an additional \$2.00 will be added to the walk-on..

## **Freestyle Descriptions/Policies**

Safety of our skaters is a primary concern. The right is reserved by the Club to designate a freestyle session a skating level requirement if the majority of the skaters are of a level that could jeopardize the safety of the beginning level skater. If a North Star Home Club Pro or a member of our Figure Skating Advisory Committee observes a skater that obviously does not have the speed and level of maneuvers that may put that skater or other skaters at risk, it is their responsibility to bring this first to the attention of the Skater's Professional, second, to the Skating Director, and third to the Figure Skating Advisory Committee to discuss. If this should occur, and it is necessary to switch a skater to another session, there will be no additional charges for the switch. (please refer to our ice monitor rules).

Moves	Pre-Pre MITF and up unless otherwise noted
Leveled Freestyle	For skaters at the levels listed. Moves are not permitted unless otherwise noted
Open	Moves/Freestyle/Dance (Basic 6 & up unless otherwise noted)
***	Pre-Shining Star and/or Shining Star groups on this session
HC	Only Home Club Skaters may skate these sessions

1. There will be 'No Admittance' to the ice for freestyle until the moves sessions are over. Skaters must leave the ice as soon as the whistle blows and wait for the Zamboni to exit the ice prior to the session.
2. A Skater doing his/her program has the right of way. It is very important that all skaters are aware of who is skating their program.
3. It is recommended that spins must be taught and practiced between the blue lines.
4. Skaters MUST keep moving on the ice. Unless injured, a skater must get up from a fall as soon as possible.
5. Congregating at the boards, on the ice or sitting on the rink barriers is NOT permitted.
6. Skaters are NOT allowed to have refreshments on the ice other than unbreakable sealed water bottles.
7. Talking on cell phones, ipods, etc. are not permitted on the ice.
8. Proper skating attire. No jeans please.
9. NO talking is permitted in the middle of the ice.
10. When sessions are available in more than one rink, skaters may be asked to switch to the other rink based on the level of the majority of the skaters.
11. Skaters may politely say excuse me when skating their program.
12. Skaters must watch out for higher level.
13. Program restarts are not allowed without the permission of a coach.

## **Moves-in-the-Field Policies**

No music is permitted. **The skating of jumps and spins are not permitted on Moves Sessions.**

## **NSFSC Harness**

The harness is the property of the North Star Figure Skating Club and may ONLY be used by Professionals who are insured and a member of PSA and USFS.

## **Hockey Box Area**

No spectators are allowed in this area during skating sessions - to ensure the safety of all.

\*\*\*Please fill out\*\*\*

*North Star Figure Skating Club*

**GUEST PROFESSIONAL REGISTRATION 2016-2017**

**(Required prior to coaching)**

Name\_\_\_\_\_DOB\_\_\_\_\_Date\_\_\_\_\_

Address\_\_\_\_\_City\_\_\_\_\_State\_\_\_\_\_Zip Code\_\_\_\_\_

**Required:** USFS#\_\_\_\_\_PSA #\_\_\_\_\_

\*\*E-mail address\_\_\_\_\_

please print clearly

Daytime telephone number \_\_\_\_\_ Cell phone number \_\_\_\_\_

Home Club\_\_\_\_\_# of years\_\_\_\_\_

Disciplines you are qualified to teach\_\_\_\_\_

CER rating\_\_\_\_\_

\*\*E-mail addresses: **IMPORTANT** please print clearly, we use these to send confirmation, updates, etc.

**NOTE:** if you e-mail address is illegible we will not be able to send you important updates and will not be responsible for missed or cancelled ice.

Thank you for your interest in the North Star Figure Skating Club. Please read, complete this Registration Agreement and return it to the Club Office.

This registration is a requirement if you will be coaching at the North Star Figure Skating Club facilities, and must be received prior to starting date of skating.

Please familiarize yourself with the Ice rules and North Star Figure Skating Club that may be viewed in our club office. If you have questions, refer them to the office staff or any of our staff professionals. We will be happy to assist you.

**As a guest of North Star FSC, and in lieu of professional membership fee you must check in with the monitor and pay the appropriate professional non-member walk-on fee for each day which you are teaching. Prior to using the facility, you must provide a copy of your USFS coach's registration card or proof of membership in an ISU member federation. Also, please be sure to provide North Star FSC with a copy of your current certificate of insurance naming NorthStar Ice Sports and the Town of Westborough as an additional insured. Failure to do so will result in suspension of privileges.**

Signature\_\_\_\_\_Date\_\_\_\_\_

**(Must sign Assumption and Acknowledgment of Risk & Release of Liability Agreement)**

# NorthStar Ice Sports

## WAIVER OF LIABILITY, RELEASE, ASSUMPTION OF RISK & INDEMNITY AGREEMENT

The purpose of this **WAIVER OF LIABILITY, RELEASE, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT** (the "Agreement"), is to waive, release and indemnify Northboro Youth Hockey Program, Inc., Northstar Hockey, NorthStar Ice Sports, North Star Figure Skating Club, coaches, officials, volunteers, sponsors, advertisers, owners and operators of the premises and their officers, directors, agents, and employees (the "Releasees"), from any and all liability for the Participant's personal injury, property damage, and/or wrongful death, including if caused by the negligence of any of the Releasees.

In consideration for being permitted to participate in ice skating, ice hockey and/or related activities, being permitted to enter the NorthStar Ice Sports skating facility and common areas (the "Premises"), and/or being permitted to use ice skating or other equipment owned by the Releasees (the "Equipment"), Participant (and/or Participant's parent/guardian), on behalf of themselves and the Participant's heirs, executors, administrators, assigns, representatives, and next of kin, **HEREBY FULLY AND IRREVOCABLY RELEASE, INDEMNIFY, HOLD HARMLESS, AND FOREVER DISCHARGE THE RELEASEES** of and from any and all actions, causes of action, suits, damages, judgments, claims, and demands whatsoever, either in law or equity, arising from any accident, injury, death, or property damage, resulting from, or in any way connected with the Participant's entry on the Premises, use of the Releasees' facilities, Equipment, services, and/or participation in any of the activities offered by the Releasees whether on the Premises or not.

Participant (and/or Participant's parent/guardian), acknowledges, understands, and assumes all risks inherent in ice skating, ice hockey and/or related activities, and understands that said sports and activities involve risks to the Participant including bodily injury and death and that the Participant (and/or Participant's parent/guardian), has full knowledge of such risks. These risks and dangers may be caused by the negligence of the Participant or the negligence of others, including the Releasees. The Participant (and/or Participant's parent/guardian), further acknowledges that there may be risks and dangers not known or not reasonably foreseeable at this time.

Participant (and/or Participant's parent/guardian), acknowledges, understands, and assumes all risks arising from the conditions and use of the Premises and/or use of Equipment, including risks based on the performance, or failure to perform maintenance, inspection, supervision, or control of the Premises and/or Equipment and for the failure to warn of dangerous conditions existing on the Premises, and for the negligent selection, supervision or instruction of certain Releasees.

Participant (and/or Participant's parent/guardian), agrees if any claim for Participant's personal injury, property damage, and/or wrongful death is commenced against Releasees, he/she shall defend, indemnify, and save harmless Releasees from any and all actions, causes of action, suits, damages, judgments, claims, and demands.

Participant (and/or Participant's parent/guardian), warrants that neither the Participant nor his/her child(ren) have any known medical conditions or disabilities which may be incompatible with the safe participation in ice skating, ice hockey and/or related activities. Participant (and/or Participant's parent/guardian), further agrees that all Participants under the age of 18 shall remain the responsibility of a parent or legal guardian while on the Premises.

Participant (and/or Participant's parent/guardian), acknowledges that he/she has been provided with and has read the above paragraphs and has not relied upon any representations of the Releasees, and that he/she is fully advised of the dangers of ice skating, ice hockey and/or related activities and signs this Agreement freely and voluntarily. Participant (and/or Participant's parent/guardian), agrees that this Agreement shall be governed by the laws of the Commonwealth of Massachusetts.

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Participant's Name (Print)

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Age

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Participant's Signature

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Date Signed

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Parent or Guardian Signature (if Participant is under 18)

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Date Signed

