

# *North Star Figure Skating Club*

15 Bridle Lane Westborough, MA 01581  
(508)366-1562 ext. 221

## *Summer Skate '17*

*July 10, 2017 - August 26, 2017*

NorthStar Ice Sports

**WESTBOROUGH**

**Mondays - Tuesdays - Wednesdays - Thursdays - Fridays**

## **SKATING CLINIC Basic 5-Preliminary**

*Rink C Office Hours*

*Monday 8:00 am - 5:15 pm*

*Tuesday thru Thursday 8:00 am - 6:15 pm*

*Fridays and Saturdays 8:00 am - 12:15 pm*

**North Star FSC will be closed June 25 - July 4  
No Ice July 28 and July 29**

**Mail this form May 15 - June 15**

# NON- HOME AND GUEST CLUB MEMBERS WELCOME!!!

B5-Preliminary

Skaters must be able to tie their own skates

One chaperone will be designated to the group to make sure they are following their schedule, getting skates on properly and looking out for the safety of all the skaters.

Checklist:

Skates!

Proper skating clothes

off-ice clothing and sneakers

extra gloves

water

Lunch and snacks

**Monday-Thursday Clinic officially starts at 9:00 (drop off after 8:30) and ends at 4:00 pm (Full Day).**

**If parents need to drop off earlier or pick up later, skaters need to choose Extended Day (drop off 7:30-8:00 and pick up 5)**

**Private lessons are not included in the price of the clinic and are paid directly to the coach**

## North Star FSC Summer 2017 Clinic Schedule

Clinic Mon, Tue, Wed, Thu	Friday
8:00-8:50 Open Private Lesson or Practice Time (extended day only)	7:30-8:00 Drop Off All
9:00-10:00 Basic Bootcamp Clinic Classes (30 minute class/30 minute practice or private lesson)	8:00-8:25 Basic Bootcamp Clinic Class
10:10-11:00 Off Ice Class	8:00-8:25 Open Practice or Private Lesson
11:15-11:30 Moves (Private Lesson or Practice)	9:00-9:50 Open Practice or Private lesson
11:30-11:45 Freestyle (Private lesson or Practice)	10:00-10:25 Open Practice or Private lesson
11:45-12:10 Skaters Ed (Class designed to integrate skaters to advanced sessions)	10:25-10:50 Basic Bootcamp Clinic Class
12:20-12:50 15 minutes Cardio Blast 15 minutes spins on own or in lesson	11:00-11:40 Lunch
1:00-1:40 Lunch	12:00-12:50 Exhibition
1:50-2:15 Off Ice Stretch	
2:15-2:40 Off Ice Interpretive/Yoga/Dance	
2:50-3:40 Open Private lesson time or practice	
3:50-4:40 Open Private lesson time or practice (extended day only)	

Skaters must book daily private lessons. Cost not included in the cost of the clinic.

# NSFSC 2017 Clinic Registration

Name \_\_\_\_\_ Age \_\_\_\_\_ DOB \_\_\_\_\_ M/F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # \_\_\_\_\_ Cell # \_\_\_\_\_

E-mail address\*\* \_\_\_\_\_

Name of Medical Insurance Carrier \_\_\_\_\_

Policy Group Number \_\_\_\_\_ Subscriber \_\_\_\_\_

Physician's Address \_\_\_\_\_ Physicians Phone # \_\_\_\_\_

Please list any medical conditions \_\_\_\_\_

Please list any food allergies or medications your skater has with them \_\_\_\_\_

\*\* Required Field- North Star FSC regularly communicates through e-mail. Required to receive updates, cancellations etc.

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Home Club: \_\_\_\_\_ USFS#: \_\_\_\_\_

Primary Coach: \_\_\_\_\_

Last Test Passed: Freestyle: \_\_\_\_\_ Moves: \_ \_\_\_\_\_

Tuition & Payments: Please circle or highlight days or weeks skating (see next page)

Deposit Due \_\_\_\_\_ Amount Paid \_\_\_\_\_ Credit/Cash/Check # \_\_\_\_\_

**Coach's Signature :** \_\_\_\_\_

# NSFSC 2017 Clinic Registration

Name: \_\_\_\_\_

Circle:                      Full Day                      Extended Day

Please circle dates or weeks you wish to contract ice:

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
<b>Mondays</b>	7/10	7/17	7/24	7/31	8/7	8/14	8/21
<b>Tuesdays</b>	7/11	7/18	7/25	8/1	8/8	8/15	8/22
<b>Wednesdays</b>	7/12	7/19	7/26	8/2	8/9	8/16	8/23
<b>Thursdays</b>	7/13	7/20	7/27	8/3	8/10	8/17	8/24
<b>Fridays</b>	7/14	7/21		8/4	8/11	8/18	8/25

Weekly tuition	Full Day (Add \$25 after 6/15)	Extended Day (Add \$25 after 6/15)
*2 Weeks (may not be broken into days)	\$677.00	
3 Weeks (may not be broken into days)	\$929.00	
4 Weeks (may not be broken into days)	\$1176.00	
5 Weeks (may not be broken into days)	\$1418.00	
6 Weeks (may not be broken into days)	\$1633.00	
7 Weeks (may not be broken into days)	\$1795.00	

\*Daily rate applies if skating less than 2 full weeks (may not be broken into weeks)

\*\*If you book Week 2 you will be credited \$50 since there is no ice on July 22.

\$85 per day (\$95 after 6/15) Monday-Thursday Full Day

\$100 per day (\$110 after 6/15) Monday- Thursday Extended Day

\$50 per day (\$60 after 6/15) Friday

\*\*If skating more than 15 days you may discount the following if you are paying by day (discount already applied if booking by week)

15-19 days – 5%

20-25 days – 10%

25 or more days- 15%

\*\*Sibling discount- take 5% off the second skater

**Total Contracted \$** \_\_\_\_\_

**Discount (if applicable) \$** \_\_\_\_\_

**Total Owed \$** \_\_\_\_\_

**Less 50% deposit (due with this form)** \_\_\_\_\_

**Credit/Cash/check #** \_\_\_\_\_

**Balance due 1<sup>st</sup> day of Summer Skate \$** \_\_\_\_\_

**Forms will be accepted May 15 – June 15**

**Package will not be accepted without active USFSA Membership and signed Release of Liability**