

North Star Figure Skating Club

15 Bridle Lane Westborough, MA 01581
(508)366-1562 ext. 221

Summer Skate '18

July 9, 2018 - August 24, 2018

NorthStar Ice Sports

WESTBOROUGH

Mondays - Tuesdays - Wednesdays - Thursdays

ELITE TRAINING PACKAGES

Rink C Office Hours

Monday 7:45 am - 6:00 pm

Tuesdays and Thursdays 7:45 - 4:00 pm

Wednesdays 7:45 - 7:15 pm

North Star FSC will be closed June 28 - July 4

Mail this form May 15 - June 10

[E-Mail address: nfsctestchair@aol.com](mailto:nfsctestchair@aol.com)

[Website: www.northstarfsc.com](http://www.northstarfsc.com)

Updated 5/9/18

NSFSC SUMMER SKATE 2018

CODE	REQUIREMENT(S)
A	Passed JUVENILE FS
B	Passed Pre-Preliminary FS AND compete Pre-Preliminary WB &/or Pre-Juvenile TT
B*	Skaters MUST have passed Preliminary Moves in the Field and Freeskate 6
C	BRONZE/SILVER/GOLD ANY SKATER who has not passed preliminary moves and Freeskate 6 (SKATE ON RINK C)
D	<ul style="list-style-type: none"> a) Skaters passed Bronze Dance Test may ice dance on all A, B, D OPEN & ^^ Moves sessions b) Skaters who have not completed Bronze Dance Test may skate on all C, D & ^ Moves sessions c) Ice dancers must skate on D session if available d) Dance teams may skate on all D sessions. One (1) dance team per any A or B OPEN. Dance teams skating on FREESTYLE must be in lesson (1 max). e) Dance teams may not skate on any Moves session.
#	1-2 HOCKEY Skills Skaters allowed (lesson only) during most sessions. However, sessions coded (#) may have more than 1-2 HOCKEY Skills Skaters (lesson only) on ice.
***	BRONZE/SILVER/GOLD Group Classes may be held on these sessions
+	All skaters must contract minimum 4 sessions per week (does NOT include moves or boot camp)
^^^	B* only allowed if contracting three open/freestyles sessions per week
!	One day a week skater (B5-FS6) allowed
MOVES	MOVES: LEVELS Passed Preliminary & up (Lower Level may be allowed at discretion of Skating Director)
GROUP CLASS REQUIREMENTS	
LEVELS	LEVELS OF GROUP CLASSES (INCLUDES <u>BOOT CAMP</u> LEVELS)
BRONZE	BASIC 3, 4, 5
SILVER	BASIC 5, 6, PRE FREESKATE, FS 1
GOLD	FREESTYLE 1 - 6
US 1	US MOVES IN THE FIELD PASSED INTERMEDIATE MOVES (NOV, JR, SR)
US 2	US MOVES IN THE FIELD PASSED PRELIMINARY (PRE-JUVENILE, JUVENILE, INTERMEDIATE)

NORTH STAR FSC

SUMMER 2018 ELITE TRAINING PACKAGE

NON HOME AND GUEST CLUB MEMBERS WELCOME!!!

FS6 and Up

Options (you book by the day):

Bronze (no moves)	Silver (moves included)	Gold (no moves)	Platinum (moves included)
Price Reflects 20% discount from contract price.	Price Reflects 20% discount from contract price.	Price Reflects 20% discount from contract price.	Price Reflects 23% discount from contract price.
3 Opens/Freestyles	3 Opens/Freestyles	3 Opens/Freestyles	3 Opens/Freestyles
1 Cardio Blast/Spins	1 Cardio Blast/Spins	1 Cardio Blast/Spins	1 Cardio Blast/Spins
1 Off Ice Class	1 Off Ice Class	2 Off Ice Classes	2 Off Ice Classes
	1 Moves		1 Moves
Received on or before 6/10 Cost: \$52.00	Received on or before 6/10 Cost: \$57.00	Received on or before 6/10 Cost: \$62.00	Received on or before 6/10 Cost: \$65.00
Add an additional freestyle for \$8.00: Cost: \$60.00	Add an additional freestyle for \$8.00: Cost: \$65.00	Add an additional freestyle for \$8.00: Cost: \$70.00	Add an additional freestyle for \$8.00: Cost: \$73.00
Received after 6/10 Cost: \$62.00	Received after 6/10 Cost: \$67.00	Received after 6/10 Cost: \$72.00	Received after 6/10 Cost: \$75.00
Add an additional freestyle for \$8.00: Cost: \$70.00	Add an additional freestyle for \$8.00: Cost: \$75.00	Add an additional freestyle for \$8.00: Cost: \$80.00	Add an additional freestyle for \$8.00: Cost: \$83.00

Option Bronze and Gold are for skaters that have already passed all moves test or skaters that do not wish to practice any moves during these days.

NORTH STAR FIGURE SKATING CLUB SUMMER 2018

Name: _____ Level: **A** **B** **B***

MON	TUE	WED	THU
	8:00-8:45 Open A B	8:00-8:45 Open A B	8:00-8:45 Open A B
8:10-8:50 Open Rink C B* C	8:10-8:50 Open Rink C B* C	8:10-8:50 Open Rink C B* C	8:10-8:50 Open Rink C B* C
8:45 – 9:30 Open A B B* C	8:45 – 9:30 Open A B B* C	8:45 – 9:30 Open A B B* C	8:45 – 9:30 Open A B B* C
9:30 – 9:50 Moves***	9:30 – 9:50 Moves***	9:30 – 9:50 Moves***	9:30 – 9:50 Moves***
10 – 10:50 Freestyle HOME CLUB A B	10 – 10:50 Freestyle HOME CLUB A B	10 – 10:50 Freestyle HOME CLUB A B	10 – 10:50 Freestyle HOME CLUB A B
11-11:50 Freestyle A B B*	11-11:50 Freestyle A B B*	11-11:50 Freestyle A B B*	11-11:50 Freestyle A B B*
11:50 – 12:15 Moves	11:50 – 12:15 Moves	11:50 – 12:15 Moves	11:50 – 12:15 Moves
12:15-12:50 Package 12:15-12:40 Cardio Blast Class 12:40-12:50 Spin practice	12:15-12:50 Package 12:15-12:40 Cardio Blast Class 12:40-12:50 Spin practice	12:15-12:50 Package 12:15-12:40 Cardio Blast Class 12:40-12:50 Spin practice	12:15-12:50 Package 12:15-12:40 Cardio Blast Class 12:40-12:50 Spin practice
1-1:50 Open A B	1-1:50 Open A B	1-1:50 Open A B	1-1:50 Open A B
2-2:50 Freestyle A B B*	2-2:50 Freestyle A B B*	2-2:50 Freestyle A B B*	2-2:50 Freestyle A B B*
2:50-3:20 Moves***	2:50-3:20 Moves***	2:50-3:20 Moves***	2:50-3:20 Moves***
3:30 – 4:30 Open A B B* C	END	3:30 – 4:30 Open A B B* C	END
4:30 – 5:00 Moves		4:30 – 5:00 Moves	
4:40 – 5:00 Moves <u>Rink C</u> Pre-pre to Juv		4:40 – 5:30 Open <u>Rink C</u> ***	
5:00- 5:50 Open <u>Rink C</u> A B B* C		5:40-6:30 LEARN TO SKATE (need volunteers)	
		6:30 – 7:20 Open <u>Rink C</u> A B B* C	

Monday	Tuesday	Wednesday	Thursday
9:00 – 9:50 AB Off Ice	9:00 – 9:50 AB Off Ice	9:00 – 9:50 AB Off Ice	9:00 – 9:50 AB Off Ice
10:00-10:50 B* C Off Ice	10:00-10:50 B* C Off Ice	10:00-10:50 B* C Off Ice	10:00-10:50 B* C Off Ice
1:50-2:50 A B B* C Off Ice	1:50-2:50 A B B* C Off Ice	1:50-2:50 A B B* C Off Ice	1:50-2:50 A B B* C Off Ice

Daily Total =

M _____

T _____

W _____

Th _____

Name: _____ Level: A B B* C

Email: _____

Coach's signature: _____

Please choose package: Bronze Silver Gold Platinum

Extra session for \$8 available on any packages.

Circle Sessions you would like to book on the previous page and return both to the office. Skaters may switch **FULL** days of the Elite Training Package to another day without penalty if they send an email to BOTH DDavid@northstaricesports.com and ECoughlin@northstaricesports.com to get it pre-approved. Skaters may switch sessions within the same contract day by notifying the ice monitor. If a skater wishes to switch a session to a different day without pre-approval they will be required to pay the ice monitor \$5 per session at the time of the switch.

Please circle dates you wish to contract ice:

Mondays	7/9	7/16	7/23	7/30	8/6	8/13	8/20
Tuesdays	7/10	7/17	7/24	7/31	8/7	8/14	8/21
Wednesdays	7/11	7/18	7/25	8/1	8/8	8/15	8/22
Thursdays	7/12	7/19	7/26	8/2	8/9		8/23

**If skating more than 15 days you may discount the following:

- 15-19 days – 5%
- 20-25 days – 10%
- 25 or more days- 15%

**Sibling discount- take 5% off the second skater

Total Contracted_____

Discount (if applicable)_____

Total Owed_____

Less 50% deposit (due with this form)_____

Credit/Cash/check #_____

Balance due 1st day of Summer Skate_____

Forms will be accepted May 15 – June 10

Package will not be accepted without active USFSA Membership and signed Release of Liability